

SECTION: NUTRITION EDUCATION

SUBJECT: Nutrition Education Requirements

ITEM: *Additional ISIS Documentation*



Policy

Local agency staff shall utilize the **Individual Nutrition Education Plan (INEP)** screen, **Summary** screen and **Document and Schedule Nutrition Education** screen in the Integrated Statewide Information System (ISIS) to standardize the format for documentation of nutrition contacts and to help staff develop comprehensive, effective, individual nutrition education plans for participants.

Basis For Policy

CFR 246.11 (e) (1-5)

Triage Matrix, Appendix 1000-30 and 1000-40

WIC Nutrition Services Standards: Standards 7, 8 and 10

INEP Documentation: Breastfeeding Plan

This field serves to document the participant's breastfeeding intent:

- (Y) Yes, plans to breastfeed
- (N) No, does not plan to breastfeed
- (U) Undecided

INEP Documentation: MNT Referral

This field serves to document recommendations made to the participant's medical doctor (MD) to provide a referral for Medical Nutrition Therapy (MNT) services for any participant with a level 4 indicator of nutrition need:

- (A) Already receiving MNT
- (Y) Yes, MNT referral was made and MNT recommendation form completed
- (U) Unnecessary, document reason on INEP screen
- "Blank" Pending RD review or levels 1, 2, or 3

**INEP
Documentation:
Infant Feeding
Instruction**

This field serves to document that infant feeding instructions were completed.

- (Y) instruction was discussed based on feeding choice
- (N) infant feeding instruction was not discussed

The following lists of suggested topics for instruction are organized by feeding choice.

For an exclusively breastfed infant:

- Breastfeeding on demand
- Adequacy of milk supply (wet and soiled diapers)
- Signs and symptoms of potential problems
- No juice or solid food in a bottle
- Introduction of cup at 6 months
- No honey, cow's milk, or egg whites until infant is 12 months of age
- Appropriate introduction of solids

For a combination fed infant:

- Breastfeeding on demand
- Adequacy of milk supply (wet and soiled diapers)
- Signs and symptoms of potential problems
- Advantages of using powdered vs. concentrated
- Proper preparation and storage of infant formula
- No juice or solid food in a bottle
- Introduction of cup at 6 months of age
- No honey, cow's milk, or egg whites until infant is 12 months of age
- Appropriate introduction of solids

INEP**Documentation:****Infant Feeding****Instruction****(Continued)**For a formula fed infant:

- Proper preparation and storage of infant formula
 - Introduction of cup at 6 months
 - No juice or solid food in a bottle
 - Appropriate introduction of solids
 - No honey, cow's milk, or egg whites until infant is 12 months of age
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Documentation:**Comments**

The **Individual Comments** screen in ISIS shall be reserved for "overflow" comments once the "notes" section of the INEP has been filled. Comments should be specific to the individual. Comments regarding income, address, phone number, and similar types of information, not specific to one person, are made on the **Family Comments** screen.

**Summary Screen
Documentation**

Local agency staff shall document on the ISIS **Summary** screen:

- All anthropometric, biochemical, clinical and dietary codes identified during assessments throughout the certification period.
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**Document and
Schedule
Nutrition
Education Screen
Documentation**

Local agency staff shall document on the ISIS **Document and Schedule Nutrition Education** screen:

- The specific nutrition education code for each individual or group education contact, including all certifications; and
 - A participant's refusal to participate in a nutrition education contact (see WPM 410-20.1 "Refusals" for additional guidance).
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